



**PAROW INDUSTRIA
IMPROVEMENT DISTRICT
ASSOCIATION (CID)**

Business
Directory

2023

A

AA Roller Shutter Doors	16 Spin Street	021 951 1294
AA South Africa	Unit 4, Standford Park, 24 Assegaai Road	011 799 1085
AAD Coachworks	39 Industria Ring Road	021 933 6697
AC Dyers & Son	22 Junction Road	021 951 5527
ACT Logistics	Unit 50A, Junction Road	021 951 2009
Aden Coach Works	03 Stellenberg Road	021 933 3456
Adult World	22 Spin Street	021 933 2006
AG Plastics	12 Parin Road	021 932 5954
AGT Foods	47 Assegaai Road	021 552 0456
Alfa International (PTY) Ltd	32 Junction Road	021 951 6211
Allcast Foundry	14 Stellenberg Road	021 932 7141
Alpha Pharm	15 Radnor Road	021 928 5100
Alugistics Aluminum	05 Assegaai Road	021 931 0781
AMT Placement Services	08 Parin Road	021 939 5463
Assar Shipping	5 Trans Oranje Road	021 951 3028
ATP Cool Refrigeration Parts CC	Unit 14, Tygerberg Junction	021 931 5615
Auto Detail Centre	25 Tekstiel Road	021 931 1457
Automa Multi Styrene (Pty) Ltd	47 Assegaai Road	021 931 6181/2
Avery Dennison	11 Assegaai Road	021 928 3902
Aylesbury	40 Industria Ring Road	021 937 7409

B

B Braun	Unit 2, Dundas Park, 23 Junction Road	082 891 6855
Bapoo's Motorworks / Qaman Automotives	03 Stellenberg Road	084 281 0781
Bed King Sleep Solutions	20 Spin Street	021 951 6201
Bed Spring Manufactures	21B Stellenberg Road	021 931 2082
Benchmark Cape Doors	52 Junction Road	021 951 8118
Berghie-On-Line	08 Parin Road	021 987 4977
Best Choice Caterers	Unit 20, Tygerberg Junction	021 951 1968
Best Deal Distribution (PTY) Ltd	17 Tekstiel Road	076 831 3399
Box it	11 Junction Road	021 951 1123
Brent Oil - Parow Diesel Truck Stop	12 Stellenberg Road	021 933 5775
Brigit Systems	Unit 19, Tygerberg Junction	021 300 1452
Bros Engraving	Unit G20, Millennium Park	021 931 8486
Brummer Adhesives (Pty) Ltd	21 Assegaai Road	021 931 2131
BSG Auto Glass	24 Spin Street	021 300 5004
BS Corporate Branding Solutions	69 Industria Ring Road	021 931 0440
BUCO/Group X	12 Tekstiel Road	021 931 5500
Bulldog Haulers	01 Tekstiel Road	021 932 9044

C

Canary Truck Services	04 Parin Road	021 933 7110
Capchem	01 & 18 Assegaa Road	021 801 6123
Cape Gate Fence & Wireworks	40 Stellenberg Road	021 937 7123
Cape Steel & Heat Treatment	19 Tekstiel Road	021 933 0273
Castco	30 Assegaa Road	021 931 8276
CBI Electric	Unit 5, Stanford Park, 24 Assegaa Road	021 928 1388
CBS Building System	34 Industria Ring Road	071 472 4022
CFW Group	03 Parin Road	021 931 8331
Chalk Air	11 Radnor Road	021 931 9155
Chantec	37 Assegaa Road	021 931 1385
Chef's Connection	Unit 11, Tygerberg Junction	021 951 3900
Chemi-Plast	24 Stellenberg Road	021 931 9343
Chespak	10 Cradick Close	021 933 0462/3
Clip-Lok SA	Unit 17, 9 Tekstiel Road	072 792 0114
Concarg	Unit 7, Dundas Park, 23 Junction Road	083 290 7404
Copper Tubing Africa	3 Trans Oranje Road	021 951 8855
CPS Electrical	20 Stellenberg Road	021 931 0085
C-Pack Express	58 Junction Road	021 819 3500
Creative Housewares	20 Tekstiel Road	021 931 8117
Criterion Sound	11 Garret Road	021 951 6118
Cumulus Insulation	03 Garret Road	021 951 6100

D

D & D Fabrication	12 Stellenberg Road	021 933 0552
Daili's	57 Assegaa Road	021 931 2652
De Haans Bus & Coach Manufacturers	02 Garret Road	021 951 7599
Dent Expert	54 Junction Road	021 951 3068
Disa Fastners	35 Radnor Road	021 951 2257
DM Service Centre (e-CAR)	13 Junction Road	021 951 1220
Dryden Garage Doors Gates Automation	21 Stellenberg Road	021 931 7573
DSP Aluminium	16 Spin Street	021 931 0288
Duct Hygiene	Unit A3, Millennium Park	083 647 5727

E

ELB Equipment	04 Parin Road	021 933 2383
Electra Rewinding Services (ERS)	01 Parin Road	021 931 4247
Elegant Roofing	53 Assegaa Road	021 931 1240
Energy Partners (EP) Refrigeration	Ring Park, 64 Industria Ring	021 931 7144
Engen Garage/Fuel 1	03 Radnor Road	021 933 5413
ETCS & LEA Cranes	16 & 10 Junction & Spin Road	021 951 7744

Excelleron

Unit 11, Dundas Park, 23 Junction Road

084 799 0788

F

Fast Tint cc

Unit 12, Tygerberg Junction

021 951 2175

Fidelity / ADT Cash Transit

03 Assegaa Road

021 907 2900

Fin Neoprene

42 Stellenberg Road

021 931 1355

First Fit

07 Stellenberg Road

076 751 5319

Folami Towing

Unit 3, 9 Koets Road

021 911 0009

Foschini (TFG)

40 Junction Road

021 929 0900

Four Corners Lounge

64 Industria Ring Road

083 377 0835

Four Seasons Logistics

Unit E11, Millennium Park

086 147 3276

Freudenberg Nonwovens

46-48 Industria Ring Road

021 933 3501

Frogfoot

Unit 17, Dundas Park, 23 Junction Road

073 009 7414

Future Brake Specialists cc

Unit 3, 5 Trans Oranje Road

021 951 2717

Future Parts

Unit 1, 5 Trans Oranje Road

082 360 4644

G

Gastro Foods

48-56 Junction Road

021 951 3169

GD Fittings

12 Parin Road

021 932 2188

Glade Chemicals

19 Tekstiel Road

021 933 2785

Global Coffee Exports

28 Trans Oranje Road

021 951 1424

Goldfields Logistics

01 Junction Road

021 951 1500

Gosafe

Unit 5, Millennium Park

084 201 2366

Graystone Auto Styling

Unit 3, Tygerberg Junction

021 951 1052

Gyproc Saint – Gobain

10 Garrett Road

021 959 5000

H

Hammonds Joinery

23 Stellenberg Road

021 931 2066

Happi Shoes

22 Stellenberg Road

021 931 0919

Hestony Transport

23 Junction Road

021 951 8774

Heltronic Cape (Pty) Ltd

76 Denton Road

021 593 0188

I

I.C.E

14 Tekstiel Road

021 932 3535

Inospace – Textile Exchange

19 Tekstiel Road

073 687 0899

Interland Distribution/ Trenstyle

30 Tekstiel Road

021 932 7344

Irena Clothing Logistics

Unit 3, Ring Park

021 939 3388

Isolite

01 Garret Road

021 951 6500

J

JAV Agencies	Unit 31, Millennium Park	021 932 6235
JB's Auto Repairs	03 Radnor Road	021 933 4247
Johnny Bags	Unit 1,9 Junction Road	087 1509 676
Jonker & Sons Gunsmiths	07 Trans Oranje Road	021 951 7166
Jungheinrich	Unit 4, Dundas Park, 23 Junction Road	084 453 2606

K

Kathelo Water	Unit 9, Dundas Park, 23 Junction Road	076 163 5535
Kawari	Unit 3, Dundas Park, 23 Junction Road	021 426 0120
K&H Freight	11 Trans Oranje Road	021 951 8961
KC Transport Solutions	18 Spin Street	021 931 0484
Knights Catering	Unit 42, Millennium Park	021 932 0800
König Coffee	Unit 10, Dundas Park	021 951 1277
KR Distributors	05 Stellenberg Road	021 933 7223/4

L

LA Cranes & Hydraulics cc	18 Assegaa Road	021 932 9206
Labra Door Garage Doors	Unit 15, Tygerberg Junction	021 949 0179
Labstuff	26A Stellenberg Road	021 931 0867
Lactalis SA/Parmalat	60 Industria Ring Road	021 937 3609
Leisure Kitchens	74 Denton Road	083 527 8007
Liebherr Africa	01 Spin Street	021 010 0300
Lion Industries	69 Industria Ring Road	021 200 8618
LT Plastic & Packaging	05 Assegaa Road	021 931 3137
Lylax Serta Bedding	19 Junction Road	073 858 4150

M

Malta Recycling (Pty) Ltd	74 Denton Road	021 931 9658
Marina Electro	Unit 4, Tygerberg Junction	021 951 1214
Mario's Movers	05 Stellenberg Road	021 933 5999
Mark's Paints	14 Spin Street	021 933 3771/0
Matase Industrial Solutions	17 Junction Road	021 951 4364
Mazal Die Castings	33 Assegaa Road	021 931 5177
Medal Paints	35 Assegaa Road	021 932 0685
Millennium Convenience Store	Unit A7, Millennium Park	062 436 9540
Moreki Distributors	03 Cradick Close	021 931 0532
Mountain Meat Traders	73 Industria Ring Road	021 932 8007
My Courier	Unit 13 + 14, Dundas Park, 23 Junction Road	021 951 6454

N

New Earth Group	54 Industria Ring Road	021 975 3936
Neucoat	Unit 8, Dundas Park, 23 Junction Road	021 555 0539
Nu Door/Nu Fence/Nu Coat	07 Trans Oranje Road	021 951 1368

O

Online Building (C3 Technologies)	09-13 Spin Street	021 838 2438
Optoplast CC	03 Assegaa Road	021 933 5570
Orca Sanitaryware LTD	50 Industria Ring Road	021 931 1204
OT Joiners	75 Industria Ring Road	021 931 0061

P

Page Packaging	08 Parin Road	021 534 0261
Parmalat/Lactalis SA	60 Industria Ring Road	021 937 3609
Parow Bolt & Tool	35 Radnor Road	021 951 2377
Parow Industria City Improvement District	08 Parin Road	021 932 4799
Parow Cycle House	Unit 18, Tygerberg Junction	021 951 4636
Parow Pigeon Club	02 Stellenberg Road	082 077 3679
Partners in Sexual Health (PSH)	Unit 15C, Parin Road	021 932 6377
Partquip	Unit 16, Dundas Park, 23 Junction Road	021 938 3420
Pasco Packaging	Cnr of Trans Oranje/Junction Road	021 951 1702
PBA Engineering	55A Assegaa Road	021 931 3478
PECS Power	Unit A9, Millennium Park	021 932 5202
Peco Waste Recycling	34 Industria Ring Road	021 933 1238
Peninsula Beverages	57 Industria Ring Road	021 936 5700
PEP	36 Radnor Road	021 937 2701
PG Primador/Glass	42 Industria Ring Road	021 931 4077
Phillips Autoworx	05 Trans Oranje Road	060 503 4440
Plastisan	28 Junction Road	021 951 7490
Practical Packaging	13 Parin Road	021 933 6310
Premier Hangers	66B Industria Ring Road	021 933 4436
Print on Demand	05 Koets Road	021 951 1464
Print Finishing Solutions	64 Industria Ring Road	021 932 8174
Pronto Sweets	Unit 2, Millennium Park	082 687 1510
Pro-Roof	27 Junction Road	021 959 9000

Q

Quickstep Park	12-14 Stellenberg Road	084 904 9724
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R

Rainbow Polyurethane	59 Assegaai & 25 Tekstiel Road	021 932 6641
Raith Gourmet	03 Garrett Road	021 951 7168
Resource Innovations	14 Tekstiel Road	021 933 0052
Rhino Plastics	19 Tekstiel Road	021 932 6601
Riki Adams Design	34 Stellenberg Road	083 303 8484
Ringo's	60 Industria Ring Road	060 712 4155
Rivco Products	21 Junction Road	021 951 2144
Rope Constructions	Cnr Radnor & Junction Road	021 951 1240

S

SA Pure Water	23B Junction Road	021 951 6300
Safety Xpress Stromberg Cape	54 Spin Street	021 931 2817
Sanderson Special Steels	18 Junction Road	021 951 5311
Sanscape	39 Assegaai Road	021 931 4268
Saplings	16 Stellenberg Road	021 931 2663
Sappi	21 Radnor Road	021 001 0011
Science World	68 Industria Ring Road	021 931 0823
Serta Lylax Bedding	19 Junction Road	073 858 4150
SG Consumer	43 Radnor/Trans Karoo Road	011 387 3235
Sheet-Rite	07 & 09 Cradick Close	021 981 5212
Shumani RSA	02 Koets Road	021 951 6391
Signifires	15 Parin Road	061 031 8230
Simba Factory	38-42 Stellenberg Road	021 929 7700
Sino Plant	06 Stellenberg Road	021 492 3605
Snaxels Foods (Pty) Ltd	19 Assegaai Road	021 933 0608
Sondor	62 Junction Road	021 959 9400
South Bakels	Cnr Radnor & Trans Karoo Road	021 951 1388
Southeastair	Unit A2, Millennium Park	083 658 3040
Southern Africa Roadtrippers	09 Cradick Close	021 936 8600
Speddick Industrial Tyres	03 Koets Road	021 951 2131/2
Speed Freight	03 Spin Street	021 932 9008
SprayPave AECl	15 Spin Street	021 931 0459
SSB Transport	50 Assegaai Road	021 933 8035
Standard Profil	33 Industria Ring Road	021 928 9415
Stealth Yachts	52 Industria Ring Road	021 931 4420
Stobel Warehousing & Distribution	69 Industria Ring Road	021 933 0855
Stryker	Unit 5, Dundas Park, 23 Junction Road	071 380 6696
Stuart & Marks	Unit 6, Stanford Park, 24 Assegaai Road	021 591 2444
Supreme Alignment	25 Stellenberg Road	072 351 8100

T

Takealot	Unit 6 + 15, Dundas Park, 23 Junction Park	083 677 1050
Taxi Recap South Africa	11 Cradick Close	065 954 7086
Thali Take Aways	Unit A10, Millennium Park	062 175 2877
The Badge Company	66 Industria Ring Road	021 948 8927
The Reclamation Group	12 Spin Street	021 001 1645
Timber Preservation Services	19 Tekstiel Road	021 933 8900
Top Scrap Metals	17 Spin Street	021 932 3082
Toyota Forklift	25B Junction Road	021 959 8800

U

UFCC	14 Tekstiel Street	021 933 0052
Uni-Cape Equipment	Unit 24-26, Tygerberg Junction	021 855 2503
Unique Welding	09 Koets Road	021 551 7834
United Logistics	08 Parin Road	021 811 6751
Universal Mail Link	Unit 1 & 22 Tygerberg Junction	021 951 4200

V

V & G Personal Products	30 Stellenberg Road	021 933 2008
Vision Tools	03 Stellenberg Road	021 933 6955

W

WAM	Unit 1, Dundas Park, 23 Junction Road	021 951 1840
Whitehouse	61B Koets Road	021 461 7000
Windscreen Distributions	Unit 2, Junction Road	021 951 1003
Wood Mouldings International	32A Stellenberg Road	021 931 1115