



**PAROW INDUSTRIA
IMPROVEMENT DISTRICT
ASSOCIATION (CID)**

Business
Directory

2025

A

AA Roller Shutter Doors	16 Spin Street, Unit 01	021 951 1294
AA South Africa	24 Assegaa Road, Stanford Park	011 799 1085
AC Dyers & Son (Devanry Plant Hire & Transport)	22 Junction Road	021 951 5527
ACT Logistics	52 Junction Road	021 951 2009
Adult World	22 Spin Street	021 933 2006
AG Plastics	12 Parin Road	021 932 5954
AGT Foods	47 Assegaa Road	021 552 0456
Airstream Compresses	23 Junction Road, Dundas Park	021 939 6046
Alfa International (PTY) Ltd	32 Junction Road	021 951 6211
Allcast Foundry	14 Stellenberg Road	021 932 7141
Alpha Pharm	15 Radnor Road	021 928 5100
All Nations House of Glory Ministries	34 Industria Ring Road	072 690 6062
AMT Placement Services	08 Parin Road	021 939 5463
Assar Shipping CC	05 Trans Oranje Road	021 951 3028
ATP Cool Refrigeration Parts CC	31 Junction Road, Tygerberg Junction	021 931 5615
Avery Dennison	11 Assegaa Road	021 928 3902
Aylesbury	40 Industria Ring Road	021 937 7409

B

B Braun	23 Junction Road, Dundas Park	082 891 6855
Bapoo's Motorworks / Qaman Automotives	03 Stellenberg Road	084 281 0781
Bed King Sleep Solutions	20 Spin Street, Unit 02	021 951 6201
Bed Spring Manufactures	21B Stellenberg Road	021 931 2082
Best Choice Caterers	31 Junction Road, Tygerberg Junction	021 951 1968
Box it	11 Junction Road	021 951 1123
Brent Oil - Parow Diesel Truck Stop	12 Stellenberg Road	021 933 5775
Brigit Systems	31 Junction Road, Tygerberg Junction	021 300 1452
Brito's	09 Parin Road	021 950 1000
Brummer Adhesives (Pty) Ltd	21 Assegaa Road	021 931 2131
BSG Auto Glass	24 Spin Street, Unit 03	021 300 5004
BUCO/Group X	12 Tekstiel Road	021 931 5500
Bulldog Haulers	01 Tekstiel Road	021 932 9044

C

C3 Technologies	09 Spin Street	021 838 2438
Canary Truck Services	04 Parin Road	021 933 7110
Canopy Warehouse	20 Spin Street, Unit 01	010 555 0333

Capchem	18 Assegaa Road, Unit 01 & 02	021 801 6123
Cape Gate Fence & Wireworks	40 Stellenberg Road	021 937 7123
Cape Steel & Heat Treatment	17 Tekstiel Road	021 933 0273
Castco	30 Assegaa Road	021 931 8276
Catermarket	21 Radnor Road, Radnor Park	021 949 7325
CBI Electric	24 Assegaa Road, Stanford Park	021 928 1388
CFW Group	03 Parin Road	021 931 8331
CL Trading	50 Assegaa Road	072 404 3999
Chalk Air	11 Radnor Road	021 931 9155
Chantec	37 Assegaa Road	021 931 1385
Chef's Connection	31 Junction Road, Tygerberg Junction	021 951 3900
Chem-I-Plast	21 Radnor Road, Radnor Park	021 931 9343
Chespak	05 Cradick Close	021 933 0462/3
Corpchem	64 Industria Ring Road, Ring Park	021 879 2298
Compu-Power	17 Junction Road	082 408 7707
Concargio	23 Junction Road, Dundas Park	083 290 7404
Conveyall Natal cc	23 Junction Road, Dundas Park	083 635 9788
Copper Tubing Africa	03 Trans Oranje Road	021 951 8855
CPS Electrical	20 Stellenberg Road	021 931 0085
C-Pack Express	58 Junction Road	021 819 3500
Creative Housewares	20 Tekstiel Road	021 931 8117
Criterion Sound	02 Garrett Road	021 951 6118
Cumulus Insulation	03 Garrett Road	021 951 6100

D

D & D Fabrication	12 Stellenberg Road	021 933 0552
Daili's	57 Assegaa Road	021 931 2652
Dawning Manufacturing (Pty) Ltd	23 Junction Road, Dundas Park	021 013 4417
Dent Expert	54 Junction Road	021 951 3068
Disa Fastners	39 Radnor Road	021 951 2257
Distriliq	02 Junction Road	021 386 0513
Doors & All	25 Stellenberg Road	066 396 9180
Dryden Garage Doors/Gates	21A Stellenberg Road	021 931 7573

E

E-CAR (DM Service Centre)	13 Junction Road, Unit 02	021 951 1220
ELB Equipment	04 Parin Road	021 933 2383
Electra Rewinding Services (ERS)	01 Parin Road	021 931 4247
Elegant Roofing	53 Assegaa Road	021 931 1240
Energy Partners (EP) Refrigeration	64 Industria Ring Road, Ring Park	021 931 7144
Engen Garage/Fuel 1	03 Radnor Road	021 933 5413
ETCS & LEA Cranes	10 Junction & Spin Road	021 951 7744

F

Fast Tint cc	31 Junction Road, Tygerberg Junction	021 951 2175
Fastway Couriers	21 Radnor Road, Radnor Park	086 122 2882
Femserve (Pty) Ltd	55A Assegaa Road	021 931 3478
Fidelity / ADT Cash Transit	03 Assegaa Road	021 907 2900
Filibiz Investments (Pty) Ltd	23 Junction Road, Dundas Park	082 465 2201
Firecience	Industria Ring Road, Unit 42C	076 499 1566
First Fit	07 Stellenberg Road	076 751 5319
Folami Towing	09 Koets Road, Unit 03	021 911 0009
Four Corners Lounge	64 Industria Ring Road, Ring Park	083 377 0835
Freudenberg Nonwovens	44 - 48 Industria Ring Road	021 933 3501
Future Brake Specialists cc	05 Trans Oranje Road, Unit 03	021 951 2717
Future Parts	05 Trans Oranje Road, Unit 01	082 360 4644

G

Gastro Foods	48 Junction Road	021 951 3169
GD Fittings	12 Parin Road	021 932 2188
Gearhouse	36 - 42 Assegaa Road	021 929 7200
Global Coffee Exports	28 Trans Oranje Road	021 951 1424
Goldfields Logistics	01 Junction Road	021 951 1500
Graystone Auto Styling	31 Junction Road, Tygerberg Junction	021 951 1052
Gyproc Saint – Gobain	10 Garrett Road	021 959 5000

H

Hammonds Joinery	25 Stellenberg Road	021 931 2066
Happi Shoes	54 Industria Ring Road, Lanco Park	021 931 0919
Hestony Transport	23 Junction Road	021 951 8774
Heltronic Cape (Pty) Ltd	76 Denton Road	021 593 0188

I

I. C. E	14 Tekstiel Road, Quickstep Park	021 932 3535
Imvula Quality Protection	11 Garrett Road	021 506 7000
Inospace – Textile Exchange	19 Tekstiel Road	073 687 0899
Interland Distribution	30 Tekstiel Road	021 932 7344
Interwill Wood Projects	34 Industria Ring Road	021 703 4983
Irena Clothing Logistics	64 Industria Ring Road, Ring Park	021 939 3388
Isolite	07 Garrett Road	021 951 6500

J

JB's Auto Repairs

Johnny Bags

Jonker & Sons Gunsmiths

03 Radnor Road

11 Junction Road

07 Trans Oranje Road

021 933 4247

087 1509 676

021 951 7166

K

Kawari

K&H Freight

KC Transport Solutions

König Coffee

KR Distributors

23 Junction Road, Dundas Park

11 Trans Oranje Road

18 Spin Street

23 Junction Road, Dundas Park

03 Stellenberg Road

021 426 0120

021 951 8961

021 931 0484

021 951 1277

021 933 7223/4

L

LA Cranes & Hydraulics cc

Labra Door Garage Doors

LMC Express

Lactalis SA/Parmalat

Leakfind / DC24

Leisure Kitchens

Liebherr Africa

Lion Industries

LT Plastic & Packaging

18 Assegaa Road

31 Junction Road, Tygerberg Junction

03 Spin Street

60 Industria Ring Road

71 Industria Ring Road

76 Denton Road

01 Spin Street

69 Industria Ring Road

05 Assegaa Road

021 932 9206

021 949 0179

021 551 7668

021 937 3609

021 551 4894

083 527 8007

021 010 0300

021 200 8618

021 931 3137

M

MCV – SA Cape Town

Maersk Cape Town Warehouse

Malta Recycling (Pty) Ltd

Mandukas Formwork & Scaffolding

Mapei SA (Pty) Ltd

Marina Electro

Mario's Movers

Mark's Paints

Mazal Die Castings

Medsafe

Medal Paints

Medipost Pharmacy

Moreki Distributors

Mountain Meat Traders

My Courier

02 Garret Road

06 Tekstiel Road

74 Denton Road

15 Stellenberg Road

23 Junction Road, Dundas Park

31 Junction Road, Tygerberg Junction

05 Stellenberg Road

14 Spin Street

06 Stellenberg Road

64 Industria Ring Road, Ring Park

35 Assegaa Road

06 Koets Street

03A Cradick Close

73 Industria Ring Road

23 Junction Road, Dundas Park

021 951 7599

084 890 9944

021 931 9658

081 241 9348

010 541 0020

021 951 1214

021 933 5999

021 933 3771/0

021 931 5177

021 385 0323

021 932 0685

012 426 4017

021 931 0532

021 932 8007

021 951 6454

N

New Earth Recycling
Nu Door/Nu Fence/Nu Coat

54 Industria Ring Road, Lanco Park
07 Trans Oranje Road

021 975 3936
021 951 1368

O

Online Building
Optoplast CC
Orca Sanitaryware LTD
OT Joiners

32 Stellenberg Road
05 Assegai Road
64 Industria Ring Road, Ring Park
75 Industria Ring Road

021 712 1550
021 933 5570
021 931 1204
021 931 0061

P

Packhouse Dynamics (Pty) Ltd
Page Packaging
Parmalat/Lactalis SA
Parow Bolt & Tool
Parow Industria City Improvement District
Parow Cycle House
Parow Pigeon Club
Partners in Sexual Health (PSH)
PBA Engineering
Peco Waste Recycling
Peninsula Beverages
PEPKOR
PEP Installations
PG Primador/Glass
Phillips Autoworx
Plastisan
Practical Packaging
Premier Hangers
Print on Demand
Print Finishing Solutions
Pro-Roof

55A Assegai Road
08 Parin Road
60 Industria Ring Road
35 Radnor Road
08 Parin Road

Unit 18, Tygerberg Junction
02 Stellenberg Road
15C Parin Road
55A Assegai Road
34 Industria Ring Road
57 Industria Ring Road
36 Radnor Road
27 Junction Road
42 Industria Ring Road
05 Trans Oranje Road
28 Junction Road
13 Parin Road
66B Industria Ring Road
05 Koets Road
64 Industria Ring Road, Ring Park
25 Junction Road

021 535 2854
021 534 0261
021 937 3609
021 951 2377
021 932 4799

021 951 4636
021 931 2484
021 932 6377
021 931 3478
021 933 1238
021 936 5700
021 937 2701
021 534 3231
021 931 4077
060 503 4440
021 951 7490
021 933 6310
021 933 4436
021 951 1464
021 932 8174
021 959 9000

Q

Quickstep Park

12-14 Stellenberg Road

084 904 9724

R

Rainbow Polyurethane
 Raith Gourmet
 Ravensmead Business Park
 React 24
 Resource Innovations
 Ringo's
 Rivco Products
 RGM Cranes
 RRE Logistics
 Rothoblaas

59 Assegaa Road
 03 Garrett Road
 76 Industria Ring Road
 22 Stellenberg Road
 14 Tekstiel Road, Quickstep Park
 56 Industria Ring Road
 21 Junction Road
 19 Junction Road
 38 Junction Road
 24 Radnor Road, Unit 02

021 932 6641
 021 951 7168
 076 440 3452
 081 755 9742
 021 933 0052
 060 712 4155
 021 951 2144
 082 060 9598
 021 276 1888
 079 905 6577

S

Sale's Toilet Hire
 Sams Tissue Products
 Sanderson Special Steels
 Sanscape
 Saplings
 Sappi
 Science World
 Selected Tyres & Services
 SG Consumer
 Sheet-Rite
 Shatterprufe
 Shumani Industrial Equipment (Pty) Ltd
 Signifires
 Simba Factory
 Sino Plant
 Snaxels Foods (Pty) Ltd
 Sondor
 South Bakels
 Southern Africa Roadtrippers
 Speddick Industrial Tyers
 SprayPave AECI
 SSB Transport
 Stage Zero
 Standard Profil
 Stobel Warehousing & Distribution
 Stryker
 Stuart & Marks
 Swissmate Mattresses

09 Cradick Road
 10 Assegaa Road
 18 Junction Road
 39 Assegaa Road
 16 Stellenberg Road
 21 Radnor Road
 68 Industria Ring Road
 13 Junction Road, Unit 01
 43 Trans Karoo Road
 07 Cradick Road
 Unit 42A, Industria Ring Road
 23 Junction Road, Dundas Park

15A Parin Road
 38-42 Stellenberg Road
 06 Stellenberg Road
 19 Assegaa Road
 62 Junction Road
 02 Trans Karoo Road
 09 Cradick Road
 03 Koets Road
 15 Spin Street
 50 Assegaa Road
 02 Koets Street
 33 Industria Ring Road
 67 Industria Ring Road
 23 Junction Road, Dundas Park
 24 Assegaa Road, Stanford Park
 14 Tekstiel Road, Quickstep Park

021 931 2560
 021 065 2139
 021 951 5311
 021 931 4268
 021 931 2663
 021 001 0011
 021 931 0823
 021 951 1391
 011 387 3235
 021 981 5212
 021 931 1288
 087 023 0005

 061 031 8230
 021 929 7700
 021 492 3605
 021 933 0608
 021 959 9400
 021 951 1388
 021 936 8600
 021 951 2131/2
 021 931 0459
 021 933 8035
 087 162 5000
 021 928 9415
 021 933 0855
 071 380 6696
 021 591 2444
 083 330 0850

T

Taxi Recap South Africa
 The Cape Bakery
 The Badge Company
 The Foschini Group Warehouse
 The Reclamation Group
 Thyme Out Café
 Timber Preservation Services
 Titan Hardware
 Top Scrap Metals
 Toyota Forklift
 Troway

11 Cradick Road
 21 Radnor Road, Radnor Park
 72 Industria Ring Road
 40 Junction Road
 12 Spin Street
 15B Parin Road
 14 Tekstiel Road, Quickstep Park
 24 Radnor Road, Unit 01
 07 Spin Street
 25B Junction Road
 16 Spin Street, Unit 02

065 954 7086
 021 010 7639
 021 948 8927
 021 959 9821
 021 001 1645
 083 746 8450
 021 933 8900
 075 132 5362
 021 932 3082
 021 959 8800
 071 360 3917

U

UFCC
 Uni-Cape Equipment
 Unifoam (Pty) Ltd
 Unique Welding
 United Logistics
 Universal Mail Link

14 Tekstiel Road, Quickstep Park
 24 + 26 Junction Road
 24 Assegai Road, Stanford Park
 09 Koets Road
 08 Parin Road
 31 Junction Road, Tygerberg Junction

021 933 0052
 021 855 2503
 021 007 1354
 021 551 7834
 021 811 6751
 021 951 4200

V

V & G Personal Products
 Vision Tools

30 Stellenberg Road
 03 Stellenberg Road

021 933 2008
 021 933 6955

W

Waste Buddy
 Whitehouse
 Witte & Co Distributors

Unit 42B, Industria Ring Road
 61B Koets Road
 21 Radnor Road, Radnor Park

064 683 7608
 021 461 7000
 087 470 0908